

2001-2002

| | | | | | | | |
|-----------|----|----|---|----|-----|-----|----|
| SC Jenga | 18 | 15 | 0 | 3 | 97 | 46 | 30 |
| BB-88 | 18 | 13 | 1 | 4 | 124 | 71 | 27 |
| KSB-97 | 18 | 10 | 2 | 6 | 98 | 80 | 22 |
| Punakone | 18 | 9 | 4 | 5 | 102 | 91 | 22 |
| MiVi | 18 | 6 | 5 | 7 | 104 | 97 | 17 |
| MäVi | 18 | 7 | 3 | 8 | 57 | 85 | 17 |
| LPV | 18 | 5 | 4 | 9 | 72 | 87 | 14 |
| Crackers | 18 | 4 | 5 | 9 | 92 | 115 | 13 |
| SBC Devil | 18 | 5 | 3 | 10 | 75 | 96 | 13 |
| Iso Nousu | 18 | 1 | 3 | 14 | 75 | 128 | 5 |

2002-2003

| | | | | | | | |
|-----------|----|----|---|----|-----|-----|----|
| LB | 18 | 13 | 3 | 2 | 86 | 47 | 29 |
| Sbandy | 18 | 11 | 2 | 5 | 100 | 65 | 24 |
| MiVi | 18 | 10 | 2 | 6 | 80 | 74 | 22 |
| KoRe II | 18 | 9 | 3 | 6 | 74 | 66 | 21 |
| St. Sävel | 18 | 7 | 5 | 6 | 84 | 80 | 19 |
| ZSKA | 18 | 9 | 1 | 8 | 92 | 73 | 19 |
| HePS | 18 | 8 | 1 | 9 | 83 | 86 | 17 |
| MäVi | 18 | 6 | 1 | 11 | 64 | 73 | 13 |
| SBS VaPa | 18 | 2 | 4 | 12 | 66 | 101 | 8 |
| LPV | 18 | 3 | 2 | 13 | 72 | 136 | 8 |

2003-2004

| | | | | | | | |
|-----------|----|----|---|----|-----|-----|----|
| KoRe II | 18 | 14 | 1 | 3 | 108 | 68 | 29 |
| ZSKA | 18 | 12 | 3 | 3 | 114 | 63 | 27 |
| MOE | 18 | 10 | 2 | 6 | 112 | 105 | 22 |
| Masters | 18 | 9 | 3 | 6 | 67 | 69 | 21 |
| St. Sävel | 18 | 8 | 3 | 7 | 95 | 89 | 19 |
| Hazardi | 18 | 9 | 0 | 9 | 89 | 95 | 18 |
| TD | 18 | 6 | 4 | 8 | 67 | 75 | 16 |
| Iso Nousu | 18 | 5 | 2 | 11 | 88 | 111 | 12 |
| KSB-97 | 18 | 5 | 1 | 12 | 75 | 103 | 11 |
| MiVi | 18 | 2 | 1 | 15 | 72 | 109 | 5 |

2004-2005

| | | | | | | | |
|----------|----|----|---|----|-----|-----|----|
| LB | 18 | 14 | 2 | 2 | 110 | 57 | 30 |
| Vipers | 18 | 13 | 0 | 5 | 105 | 73 | 26 |
| MäVi | 18 | 9 | 2 | 7 | 84 | 84 | 20 |
| InsTeam | 18 | 8 | 3 | 7 | 89 | 63 | 19 |
| MOE | 18 | 7 | 3 | 8 | 75 | 76 | 17 |
| TD | 18 | 7 | 2 | 9 | 66 | 69 | 16 |
| Sudet II | 18 | 7 | 2 | 9 | 63 | 76 | 16 |
| Masters | 18 | 5 | 4 | 9 | 67 | 91 | 14 |
| HSB | 18 | 4 | 4 | 10 | 64 | 103 | 12 |

| | | | | | | | |
|---------------|----|----|---|----|-----|-----|----|
| St.Sävel | 18 | 4 | 2 | 12 | 71 | 102 | 10 |
| 2005-2006 | | | | | | | |
| InsTeam | 18 | 12 | 3 | 3 | 103 | 59 | 27 |
| SC Pantterit | 18 | 11 | 2 | 5 | 90 | 78 | 24 |
| MOE | 18 | 10 | 2 | 6 | 115 | 83 | 22 |
| TD | 18 | 11 | 0 | 7 | 85 | 67 | 22 |
| SB Tuska | 18 | 8 | 2 | 8 | 60 | 80 | 18 |
| Sudet II | 18 | 6 | 3 | 9 | 67 | 73 | 15 |
| MäVi | 18 | 7 | 1 | 10 | 90 | 101 | 15 |
| MiVi | 18 | 6 | 2 | 10 | 67 | 76 | 14 |
| Vipers | 18 | 6 | 0 | 12 | 80 | 117 | 12 |
| KorPo | 18 | 5 | 1 | 12 | 75 | 98 | 11 |
| 2006-2007 | | | | | | | |
| Masters | 18 | 14 | 0 | 4 | 142 | 69 | 28 |
| SC Jenga | 18 | 13 | 2 | 3 | 145 | 73 | 28 |
| AnBu | 18 | 11 | 1 | 6 | 124 | 95 | 23 |
| HSB | 18 | 10 | 1 | 7 | 96 | 98 | 21 |
| HU-46 | 18 | 9 | 2 | 7 | 110 | 80 | 20 |
| TD | 18 | 9 | 1 | 8 | 98 | 72 | 19 |
| KSB-97 | 18 | 9 | 0 | 9 | 104 | 124 | 18 |
| Namikuti | 18 | 5 | 1 | 12 | 69 | 96 | 11 |
| Crackers | 18 | 4 | 0 | 14 | 70 | 164 | 8 |
| Sudet II | 18 | 0 | 0 | 18 | 59 | 146 | 0 |
| 2007-2008 | | | | | | | |
| HU-46 | 18 | 16 | 0 | 2 | 115 | 38 | 32 |
| SC Jenga | 18 | 15 | 0 | 3 | 134 | 60 | 30 |
| InsTeam | 18 | 11 | 2 | 5 | 110 | 83 | 24 |
| TT Sport | 18 | 12 | 0 | 6 | 106 | 85 | 24 |
| SB Heinola II | 18 | 9 | 1 | 8 | 95 | 92 | 19 |
| SC Unpro | 18 | 8 | 1 | 9 | 99 | 94 | 17 |
| OU-39 | 18 | 6 | 2 | 10 | 101 | 108 | 14 |
| AC Moka | 18 | 6 | 0 | 12 | 76 | 102 | 12 |
| TT Stars | 18 | 3 | 2 | 13 | 66 | 129 | 8 |
| KaPa-51 | 18 | 0 | 0 | 18 | 66 | 177 | 0 |
| 2008-2009 | | | | | | | |
| SKT | 18 | 14 | 2 | 2 | 137 | 51 | 30 |
| SC Unpro | 18 | 12 | 5 | 1 | 112 | 46 | 29 |
| Crackers II | 18 | 13 | 3 | 2 | 109 | 63 | 29 |
| InsTeam | 18 | 8 | 5 | 5 | 81 | 68 | 21 |
| SB Heinola II | 18 | 7 | 5 | 6 | 103 | 96 | 19 |
| KorPo | 18 | 7 | 2 | 9 | 88 | 91 | 16 |
| TD | 18 | 4 | 8 | 6 | 102 | 91 | 16 |

| | | | | | | | |
|---------------|----|---|---|----|----|-----|----|
| SBS Hamina II | 18 | 3 | 4 | 11 | 66 | 128 | 10 |
| NaKu | 18 | 2 | 4 | 12 | 77 | 141 | 8 |
| SaiPe | 18 | 0 | 2 | 16 | 85 | 185 | 2 |

2009-2010

| | | | | | | | |
|---------------|----|----|---|----|-----|-----|----|
| Crackers | 18 | 12 | 3 | 3 | 110 | 76 | 27 |
| SB Heinola II | 18 | 13 | 0 | 5 | 156 | 79 | 26 |
| Crackers II | 18 | 12 | 2 | 4 | 103 | 58 | 26 |
| SB Tuska | 18 | 10 | 2 | 6 | 99 | 84 | 22 |
| InsTeam | 18 | 8 | 5 | 5 | 94 | 77 | 21 |
| KoRe II | 18 | 6 | 2 | 10 | 68 | 85 | 14 |
| AnBu | 18 | 6 | 2 | 10 | 97 | 116 | 14 |
| Mohicans | 18 | 5 | 3 | 10 | 75 | 118 | 13 |
| TD | 18 | 4 | 1 | 13 | 79 | 128 | 9 |
| SBS Hamina | 18 | 4 | 0 | 14 | 86 | 146 | 8 |

2010-2011

| | | | | | | | |
|---------------|----|----|---|----|-----|-----|----|
| LaKa | 18 | 16 | 0 | 2 | 158 | 62 | 32 |
| Jäppärä | 18 | 15 | 1 | 2 | 131 | 53 | 31 |
| SB Heinola II | 18 | 10 | 3 | 5 | 126 | 87 | 23 |
| Crackers II | 18 | 10 | 2 | 6 | 102 | 81 | 22 |
| InsTeam | 18 | 10 | 2 | 6 | 108 | 79 | 22 |
| SB Tuska | 18 | 8 | 1 | 9 | 90 | 97 | 17 |
| SC Jenga II | 18 | 7 | 0 | 11 | 97 | 119 | 14 |
| AnBu | 18 | 4 | 1 | 13 | 94 | 132 | 9 |
| KoRe II | 18 | 3 | 2 | 13 | 49 | 124 | 8 |
| Mohicans | 18 | 1 | 0 | 17 | 46 | 167 | 2 |

2011-2012

| | | | | | | | |
|----------------|----|----|---|----|-----|-----|----|
| Kosken Dynamo | 18 | 17 | 1 | 0 | 169 | 36 | 35 |
| InsTeam | 18 | 13 | 2 | 3 | 109 | 59 | 28 |
| SB Heinola III | 18 | 10 | 3 | 5 | 102 | 80 | 23 |
| SB Heinola II | 18 | 9 | 2 | 7 | 121 | 115 | 20 |
| SB Tuska | 18 | 9 | 2 | 7 | 75 | 90 | 20 |
| Crackers II | 18 | 10 | 0 | 8 | 107 | 80 | 20 |
| SC Unpro | 18 | 6 | 4 | 8 | 113 | 116 | 16 |
| KT | 18 | 4 | 3 | 11 | 86 | 115 | 11 |
| SC Jenga II | 18 | 2 | 1 | 15 | 52 | 149 | 5 |
| AnBu | 18 | 0 | 2 | 16 | 90 | 184 | 2 |

2012-2013

| | | | | | | | |
|---------------|----|----|---|---|-----|----|----|
| SB Heinola II | 18 | 15 | 2 | 1 | 135 | 58 | 32 |
| SC Unpro | 18 | 14 | 0 | 4 | 127 | 83 | 28 |
| HOSB | 18 | 11 | 2 | 5 | 111 | 64 | 24 |
| LaKa | 18 | 11 | 2 | 5 | 105 | 67 | 24 |
| SB Heinola IV | 18 | 10 | 0 | 8 | 116 | 94 | 20 |

| | | | | | | | |
|----------------|----|---|---|----|----|-----|----|
| InsTeam | 18 | 9 | 2 | 7 | 96 | 83 | 20 |
| SB Heinola III | 18 | 5 | 2 | 11 | 79 | 109 | 12 |
| Crackers II | 18 | 4 | 1 | 13 | 58 | 110 | 9 |
| IBKHL | 18 | 4 | 0 | 14 | 74 | 161 | 8 |
| SB Tuska | 18 | 1 | 1 | 16 | 60 | 132 | 3 |

2013-2014

| | | | | | | | |
|----------------|----|----|---|----|-----|-----|----|
| SC Unpro | 18 | 13 | 0 | 5 | 139 | 75 | 26 |
| Palikat | 18 | 12 | 2 | 4 | 110 | 78 | 26 |
| MäVi | 18 | 11 | 3 | 4 | 105 | 87 | 25 |
| SB Heinola III | 18 | 12 | 0 | 6 | 137 | 110 | 24 |
| HoSB | 18 | 11 | 1 | 6 | 97 | 74 | 23 |
| JPS-75 | 18 | 9 | 3 | 6 | 107 | 86 | 21 |
| KorPo | 18 | 8 | 0 | 10 | 81 | 103 | 16 |
| JaVo | 18 | 4 | 1 | 13 | 95 | 129 | 9 |
| SB Heinola IV | 18 | 4 | 1 | 13 | 95 | 124 | 9 |
| BB-88 II | 18 | 0 | 1 | 17 | 51 | 151 | 1 |

2014-2015

| | | | | | | | |
|----------------|----|----|---|----|-----|-----|----|
| Palikat | 18 | 15 | 1 | 2 | 140 | 60 | 31 |
| SB Coyotes | 18 | 12 | 2 | 4 | 107 | 73 | 26 |
| JPS-75 | 18 | 12 | 1 | 5 | 151 | 107 | 25 |
| MäVi | 18 | 9 | 2 | 7 | 136 | 106 | 20 |
| JaVo | 18 | 10 | 0 | 8 | 92 | 100 | 20 |
| JPS-75 II | 18 | 8 | 2 | 8 | 69 | 86 | 18 |
| SB Heinola III | 18 | 6 | 3 | 9 | 104 | 104 | 15 |
| ZSKA | 18 | 5 | 2 | 11 | 84 | 111 | 12 |
| KorPo | 18 | 4 | 4 | 10 | 85 | 127 | 12 |
| SB Heinola IV | 18 | 0 | 1 | 17 | 48 | 142 | 1 |

2015-2016

| | | | | | | | |
|----------------|----|----|---|----|-----|-----|----|
| SC Unpro | 16 | 15 | 0 | 1 | 144 | 40 | 30 |
| SB Heinola III | 16 | 10 | 1 | 5 | 94 | 73 | 21 |
| JPS-75 II | 16 | 10 | 0 | 6 | 78 | 68 | 20 |
| JPS-75 | 16 | 8 | 2 | 6 | 110 | 86 | 18 |
| JaVo | 16 | 7 | 2 | 7 | 90 | 100 | 16 |
| Jäppärä | 16 | 7 | 2 | 7 | 88 | 108 | 16 |
| Sudet III | 16 | 4 | 1 | 11 | 89 | 141 | 9 |
| SBS Hamina | 16 | 2 | 4 | 10 | 64 | 99 | 8 |
| Palikat | 16 | 2 | 2 | 12 | 60 | 102 | 6 |

2016-2017

| | | | | | | | |
|-----------|----|----|---|---|-----|----|----|
| Klubi | 18 | 12 | 3 | 3 | 120 | 67 | 27 |
| JPS-75 II | 18 | 11 | 3 | 4 | 103 | 76 | 25 |
| ZSKA | 18 | 10 | 3 | 5 | 103 | 80 | 23 |
| KoRe II | 18 | 10 | 3 | 5 | 115 | 85 | 23 |

| | | | | | | | |
|----------------|----|----|---|----|-----|-----|----|
| JPS-75 | 18 | 10 | 2 | 6 | 121 | 82 | 22 |
| SB Heinola III | 18 | 7 | 4 | 7 | 87 | 80 | 18 |
| SC Jenga | 18 | 5 | 4 | 9 | 85 | 96 | 14 |
| JaVo | 18 | 5 | 2 | 11 | 91 | 131 | 12 |
| SB Heinola II | 18 | 3 | 4 | 11 | 69 | 106 | 10 |
| Sudet II | 18 | 2 | 2 | 14 | 71 | 162 | 6 |

2017-2018

| | | | | | | | |
|---------------------|----|----|---|----|-----|-----|----|
| SB Heinola akatemia | 18 | 15 | 1 | 2 | 116 | 59 | 31 |
| SBS Hamina | 18 | 14 | 1 | 3 | 137 | 51 | 29 |
| SC Jenga | 18 | 11 | 1 | 6 | 101 | 86 | 23 |
| Pelicans SB II | 18 | 10 | 2 | 6 | 149 | 87 | 22 |
| KoRe II | 18 | 11 | 0 | 7 | 113 | 86 | 22 |
| JPS-75 II | 18 | 8 | 1 | 9 | 102 | 104 | 17 |
| MäVi | 18 | 8 | 1 | 9 | 97 | 105 | 17 |
| JPS-75 | 18 | 4 | 2 | 12 | 94 | 152 | 10 |
| JaVo | 18 | 3 | 0 | 15 | 80 | 144 | 6 |
| ZSKA | 18 | 1 | 1 | 16 | 55 | 170 | 3 |

2018-2019

| | | | | | | | |
|----------------|----|----|---|----|-----|-----|----|
| SBS Hamina | 18 | 18 | 0 | 0 | 151 | 50 | 36 |
| SB Coyotes | 18 | 13 | 2 | 3 | 153 | 84 | 28 |
| Pelicans SB II | 18 | 13 | 0 | 5 | 148 | 63 | 26 |
| MäVi akatemia | 18 | 7 | 4 | 7 | 97 | 99 | 18 |
| MäVi | 18 | 7 | 4 | 7 | 92 | 126 | 18 |
| Flanels | 18 | 7 | 3 | 8 | 81 | 109 | 17 |
| JPS-75 II | 18 | 6 | 1 | 11 | 75 | 101 | 13 |
| KoRe II | 18 | 4 | 3 | 11 | 79 | 101 | 11 |
| TuRaPo | 18 | 4 | 1 | 13 | 77 | 118 | 9 |
| SC Jenga | 18 | 2 | 0 | 16 | 54 | 156 | 4 |