

2001-2002

| | | | | | | | |
|-------------|----|----|---|----|-----|-----|----|
| LaKa | 18 | 13 | 4 | 1 | 100 | 55 | 30 |
| SC Namikuti | 18 | 11 | 4 | 3 | 99 | 46 | 26 |
| HIF | 18 | 11 | 4 | 3 | 93 | 58 | 26 |
| PoNoVo | 18 | 9 | 1 | 8 | 84 | 73 | 19 |
| Playcats | 18 | 9 | 0 | 9 | 86 | 72 | 18 |
| Obelix | 18 | 8 | 2 | 8 | 90 | 98 | 18 |
| Vipers | 18 | 7 | 2 | 9 | 76 | 92 | 16 |
| KoRe II | 18 | 4 | 3 | 11 | 62 | 88 | 11 |
| Samba | 18 | 5 | 1 | 12 | 96 | 137 | 11 |
| JoKa | 18 | 2 | 1 | 15 | 77 | 144 | 5 |

2002-2003

| | | | | | | | |
|-----------|----|----|---|----|-----|-----|----|
| PoNoVo | 18 | 14 | 2 | 2 | 103 | 58 | 30 |
| Obelix | 18 | 13 | 1 | 4 | 104 | 55 | 27 |
| KoRe | 18 | 10 | 1 | 7 | 72 | 60 | 21 |
| BB-88 | 18 | 10 | 1 | 7 | 97 | 80 | 21 |
| Crackers | 18 | 9 | 2 | 7 | 88 | 68 | 20 |
| SJ Jenga | 18 | 8 | 4 | 6 | 72 | 60 | 20 |
| Vipers | 18 | 6 | 3 | 9 | 70 | 84 | 15 |
| NST II | 18 | 7 | 0 | 11 | 82 | 83 | 14 |
| SBC Rasil | 18 | 5 | 2 | 11 | 44 | 85 | 12 |
| KSB-87 | 18 | 0 | 0 | 18 | 37 | 136 | 0 |

2003-2004

| | | | | | | | |
|-----------|----|----|---|----|-----|-----|----|
| Hatsina | 18 | 14 | 1 | 3 | 123 | 53 | 29 |
| Obelix | 18 | 13 | 0 | 5 | 107 | 79 | 26 |
| KoRe | 18 | 11 | 1 | 6 | 84 | 64 | 23 |
| BB-88 | 18 | 10 | 2 | 6 | 107 | 97 | 22 |
| SC Jenga | 18 | 8 | 2 | 8 | 90 | 93 | 18 |
| HIF | 18 | 6 | 3 | 9 | 65 | 73 | 15 |
| Crackers | 18 | 5 | 3 | 10 | 80 | 103 | 13 |
| Sbandy II | 18 | 5 | 2 | 11 | 98 | 119 | 12 |
| TT Sport | 18 | 5 | 2 | 11 | 77 | 116 | 12 |
| LB | 18 | 4 | 2 | 12 | 67 | 101 | 10 |

2004-2005

| | | | | | | | |
|-----------|----|----|---|----|-----|-----|----|
| KoRe | 18 | 13 | 3 | 2 | 105 | 52 | 29 |
| SJ Camels | 18 | 13 | 2 | 3 | 93 | 52 | 28 |
| BB-88 | 18 | 11 | 5 | 2 | 92 | 65 | 27 |
| NST II | 18 | 9 | 2 | 7 | 120 | 105 | 20 |
| SC Jenga | 18 | 8 | 4 | 6 | 87 | 74 | 20 |
| TT Sport | 18 | 6 | 1 | 11 | 64 | 85 | 13 |
| ZSKA | 18 | 4 | 5 | 9 | 60 | 93 | 13 |
| Crackers | 18 | 5 | 2 | 11 | 68 | 95 | 12 |
| KoRe II | 18 | 4 | 3 | 11 | 69 | 113 | 11 |
| LaKa | 18 | 3 | 1 | 14 | 64 | 88 | 7 |

2005-2006

| | | | | | | | |
|--------------|----|----|---|----|-----|-----|----|
| TelU | 18 | 14 | 2 | 2 | 144 | 65 | 30 |
| SBS Hamina | 18 | 14 | 0 | 4 | 106 | 65 | 28 |
| Barbaarit II | 18 | 12 | 3 | 3 | 108 | 56 | 27 |
| LB | 18 | 10 | 0 | 8 | 107 | 82 | 20 |
| LaKa | 18 | 10 | 0 | 8 | 104 | 80 | 20 |
| TT Sport | 18 | 8 | 1 | 9 | 118 | 115 | 17 |
| Barbaarit II | 18 | 7 | 3 | 8 | 107 | 91 | 17 |
| SC Jenga | 18 | 6 | 1 | 11 | 91 | 105 | 13 |
| Crackers | 18 | 4 | 0 | 14 | 80 | 140 | 8 |
| KoRe II | 18 | 0 | 0 | 18 | 53 | 219 | 0 |

2006-2007

| | | | | | | | |
|--------------|----|----|---|----|-----|----|----|
| Barbaarit | 18 | 15 | 2 | 1 | 142 | 52 | 32 |
| LaKa | 18 | 12 | 3 | 3 | 94 | 57 | 27 |
| Obelix | 18 | 9 | 3 | 6 | 76 | 66 | 21 |
| HIF | 18 | 7 | 6 | 5 | 65 | 65 | 20 |
| Barbaarit II | 18 | 8 | 3 | 7 | 93 | 84 | 19 |
| SB Troopers | 18 | 6 | 2 | 10 | 60 | 99 | 14 |
| LB | 18 | 5 | 4 | 9 | 77 | 95 | 14 |
| TT Sport | 18 | 5 | 4 | 9 | 70 | 83 | 14 |
| INSteam | 18 | 4 | 3 | 11 | 61 | 96 | 11 |
| OU-39 | 18 | 3 | 2 | 13 | 56 | 97 | 8 |

2007-2008

| | | | | | | | |
|--------------|----|----|---|----|-----|-----|----|
| SB Heinola | 16 | 14 | 1 | 1 | 139 | 60 | 29 |
| LB | 16 | 11 | 2 | 3 | 98 | 55 | 24 |
| Obelix | 16 | 7 | 4 | 5 | 81 | 70 | 18 |
| LaKa | 16 | 8 | 1 | 7 | 67 | 69 | 17 |
| HIF | 16 | 6 | 4 | 6 | 53 | 65 | 16 |
| Barbaarit II | 16 | 5 | 3 | 8 | 87 | 92 | 13 |
| SB Troopers | 16 | 4 | 5 | 7 | 60 | 70 | 13 |
| K.O | 16 | 3 | 4 | 9 | 58 | 102 | 10 |
| MäVi | 16 | 1 | 2 | 13 | 52 | 112 | 4 |

2008-2009

| | | | | | | | |
|--------------|----|----|---|----|-----|-----|----|
| SC Jenga | 18 | 15 | 0 | 3 | 108 | 68 | 30 |
| HU-46 | 18 | 12 | 3 | 3 | 110 | 59 | 27 |
| SB Troopers | 18 | 12 | 2 | 4 | 87 | 72 | 26 |
| Sudet | 18 | 9 | 4 | 5 | 100 | 69 | 22 |
| Obelix | 18 | 9 | 2 | 7 | 97 | 75 | 20 |
| Barbaarit II | 18 | 9 | 2 | 7 | 93 | 84 | 20 |
| JPS-75 | 18 | 6 | 3 | 9 | 107 | 113 | 15 |
| HIF | 18 | 4 | 3 | 11 | 64 | 84 | 11 |
| TelU | 18 | 3 | 1 | 14 | 80 | 129 | 7 |
| SBS Hamina | 18 | 1 | 0 | 17 | 52 | 145 | 2 |

2009-2010

| | | | | | | | |
|--------------|----|----|---|----|-----|-----|----|
| JoKa | 18 | 15 | 2 | 1 | 139 | 33 | 32 |
| JPS-75 | 18 | 14 | 3 | 1 | 137 | 70 | 31 |
| Sudet | 18 | 12 | 3 | 3 | 104 | 59 | 27 |
| Löysätampo | 18 | 8 | 1 | 9 | 89 | 102 | 17 |
| SKT | 18 | 7 | 3 | 8 | 95 | 113 | 17 |
| Barbaarit II | 18 | 7 | 0 | 11 | 79 | 110 | 14 |
| Obelix | 18 | 6 | 2 | 10 | 78 | 99 | 14 |
| SC Unpro | 18 | 5 | 2 | 11 | 73 | 96 | 12 |
| HIF | 18 | 4 | 3 | 11 | 65 | 93 | 11 |
| LaKa | 18 | 2 | 1 | 15 | 68 | 152 | 5 |

2010-2011

| | | | | | | | |
|------------|----|----|---|----|-----|-----|----|
| HB | 16 | 14 | 1 | 1 | 121 | 54 | 29 |
| Crackers | 16 | 10 | 1 | 5 | 105 | 81 | 21 |
| JPS-75 | 16 | 9 | 2 | 5 | 115 | 89 | 20 |
| Löysätampo | 16 | 7 | 3 | 6 | 77 | 70 | 17 |
| SC Jenga | 16 | 8 | 1 | 7 | 81 | 77 | 17 |
| Obelix | 16 | 6 | 2 | 8 | 82 | 94 | 14 |
| PoNoVo II | 16 | 4 | 2 | 10 | 78 | 94 | 10 |
| SKT | 16 | 4 | 0 | 12 | 72 | 128 | 8 |
| SC Unpro | 16 | 3 | 2 | 11 | 55 | 99 | 8 |

2011-2012

| | | | | | | | |
|------------------|----|----|---|----|-----|-----|----|
| Crackers | 18 | 15 | 2 | 1 | 124 | 68 | 32 |
| SC Jenga | 18 | 11 | 4 | 3 | 114 | 68 | 26 |
| Obelix | 18 | 10 | 2 | 6 | 99 | 91 | 22 |
| Löysätampo | 18 | 7 | 5 | 6 | 100 | 99 | 19 |
| PoNoVo II | 18 | 7 | 2 | 9 | 91 | 91 | 16 |
| Jäppärä | 18 | 6 | 4 | 8 | 87 | 106 | 16 |
| JPS-75 | 18 | 6 | 2 | 10 | 104 | 135 | 14 |
| Hatsina akatemia | 18 | 6 | 1 | 11 | 76 | 102 | 13 |
| Royals | 18 | 5 | 2 | 11 | 75 | 96 | 12 |
| LaKa | 18 | 4 | 2 | 12 | 62 | 76 | 10 |

2012-2013

| | | | | | | | |
|---------------|----|----|---|----|-----|-----|----|
| Kosken Dynamo | 18 | 11 | 3 | 4 | 93 | 53 | 25 |
| Obelix | 18 | 11 | 2 | 5 | 99 | 78 | 24 |
| Löysätampo | 18 | 9 | 5 | 4 | 86 | 59 | 23 |
| Jäppärä | 18 | 8 | 3 | 7 | 100 | 97 | 19 |
| HB | 18 | 7 | 4 | 7 | 83 | 86 | 18 |
| Royals | 18 | 8 | 2 | 8 | 78 | 79 | 18 |
| Tyrin Kaiken | 18 | 7 | 1 | 10 | 71 | 73 | 15 |
| PoNoVo II | 18 | 5 | 5 | 8 | 67 | 77 | 15 |
| SC Jenga | 18 | 7 | 1 | 10 | 77 | 85 | 15 |
| JPS-75 | 18 | 4 | 0 | 14 | 84 | 151 | 8 |

2013-2014

| | | | | | | | |
|---------------|----|----|---|----|-----|-----|----|
| Tyrin Kaiken | 18 | 13 | 1 | 4 | 100 | 71 | 27 |
| SC Jenga | 18 | 12 | 1 | 5 | 95 | 63 | 25 |
| Obelix | 18 | 12 | 1 | 5 | 122 | 81 | 25 |
| Löysätampo | 18 | 10 | 3 | 5 | 102 | 69 | 23 |
| Royals | 18 | 10 | 2 | 6 | 99 | 66 | 22 |
| Jäppärä | 18 | 7 | 1 | 10 | 90 | 94 | 15 |
| SB Heinola II | 18 | 6 | 2 | 10 | 68 | 87 | 14 |
| Butchers IBK | 18 | 6 | 1 | 11 | 77 | 95 | 13 |
| Crackers | 18 | 5 | 3 | 10 | 84 | 123 | 13 |
| Voima II | 18 | 1 | 1 | 16 | 52 | 140 | 3 |

2014-2015

| | | | | | | | |
|---------------|----|----|---|----|-----|-----|----|
| PHSB | 18 | 16 | 0 | 2 | 129 | 49 | 32 |
| Obelix | 18 | 13 | 0 | 5 | 121 | 76 | 26 |
| Löysätampo | 18 | 12 | 0 | 6 | 115 | 89 | 24 |
| SaBa | 18 | 9 | 2 | 7 | 107 | 100 | 20 |
| TT Stars | 18 | 9 | 1 | 8 | 98 | 115 | 19 |
| SB Heinola II | 18 | 7 | 3 | 8 | 86 | 82 | 17 |
| SC Jenga | 18 | 7 | 2 | 9 | 82 | 93 | 16 |
| SC Unpro | 18 | 5 | 2 | 11 | 71 | 88 | 12 |
| HU-46 | 18 | 5 | 1 | 12 | 68 | 83 | 11 |
| Jäppärä | 18 | 1 | 1 | 16 | 58 | 160 | 3 |

2015-2016

| | | | | | | | |
|---------------|----|----|---|----|-----|-----|----|
| Palikat | 18 | 13 | 4 | 1 | 145 | 90 | 30 |
| PoNoVo II | 18 | 15 | 0 | 3 | 132 | 83 | 30 |
| Löysätampo | 18 | 14 | 1 | 3 | 142 | 84 | 29 |
| SB Coyotes | 18 | 11 | 3 | 4 | 113 | 92 | 25 |
| TT Stars | 18 | 7 | 2 | 9 | 109 | 135 | 16 |
| Obelix | 18 | 6 | 2 | 10 | 99 | 110 | 14 |
| VäPePa | 18 | 3 | 4 | 11 | 78 | 106 | 10 |
| SB Heinola II | 18 | 4 | 2 | 12 | 96 | 130 | 10 |
| SaBa | 18 | 3 | 3 | 12 | 84 | 125 | 9 |
| SC Jenga | 18 | 2 | 3 | 13 | 98 | 141 | 7 |

2016-2017

| | | | | | | | |
|--------------|----|----|---|----|-----|-----|----|
| PoNoVo II | 18 | 15 | 1 | 2 | 118 | 86 | 31 |
| SB Troopers | 18 | 13 | 3 | 2 | 128 | 69 | 29 |
| Löysätampo | 18 | 10 | 3 | 5 | 123 | 91 | 23 |
| SB Coyotes | 18 | 10 | 2 | 6 | 89 | 87 | 22 |
| Hatsina II | 18 | 9 | 3 | 6 | 100 | 78 | 21 |
| LA Lightning | 18 | 7 | 2 | 9 | 121 | 118 | 16 |
| SC Unpro | 18 | 6 | 3 | 9 | 106 | 122 | 15 |
| TT Stars | 18 | 2 | 4 | 12 | 107 | 156 | 8 |
| Obelix | 18 | 3 | 2 | 13 | 88 | 120 | 8 |
| VäPePa | 18 | 3 | 1 | 14 | 76 | 129 | 7 |

2017-2018

| | | | | | | | |
|---------------|----|----|---|----|-----|-----|----|
| Löysätampo | 18 | 15 | 1 | 2 | 156 | 91 | 31 |
| Klubi | 18 | 11 | 2 | 5 | 87 | 76 | 24 |
| Jymypalikat | 18 | 10 | 1 | 7 | 113 | 99 | 21 |
| SC Unpro | 18 | 9 | 2 | 7 | 110 | 92 | 20 |
| PoNoVo United | 18 | 9 | 0 | 9 | 108 | 100 | 18 |
| Obelix | 18 | 8 | 1 | 9 | 128 | 139 | 17 |
| BB-88 | 18 | 7 | 2 | 9 | 123 | 116 | 16 |
| LA Lightning | 18 | 7 | 1 | 10 | 102 | 113 | 15 |
| Hatsina II | 18 | 6 | 2 | 10 | 103 | 129 | 14 |
| SB Coyotes | 18 | 1 | 2 | 15 | 65 | 140 | 4 |

2018-19

| | | | | | | | |
|---------------------|----|----|---|----|-----|-----|----|
| PoNoVo II | 18 | 13 | 2 | 3 | 134 | 81 | 28 |
| SB Heinola akatemia | 18 | 13 | 1 | 4 | 122 | 68 | 27 |
| Top Team | 18 | 10 | 2 | 6 | 107 | 94 | 22 |
| Obelix | 18 | 10 | 1 | 7 | 129 | 105 | 21 |
| SC Unpro | 18 | 8 | 4 | 6 | 103 | 91 | 20 |
| TT Stars | 18 | 9 | 1 | 8 | 108 | 97 | 19 |
| Jymypalikat | 18 | 7 | 1 | 10 | 111 | 108 | 15 |
| LA Lightning | 18 | 4 | 2 | 12 | 94 | 146 | 10 |
| BB-88 | 18 | 3 | 3 | 12 | 77 | 138 | 9 |
| PoNoVo Akatemia | 18 | 4 | 1 | 13 | 72 | 129 | 9 |